



# Swim Ulster

## Senior Schools Cup & Championships 2025

### Meet Information

7th February 2025

Aurora Aquatic & Leisure Complex, Bangor

# Swim Ulster Senior Schools Cup & Championships 2025

## Meet Information

<b>Date:</b>	Friday 7 <sup>th</sup> February 2025
<b>Venue:</b>	<p>Aurora Aquatic &amp; Leisure Complex 3 Valentine Road Bangor BT20 4TH</p> <p>The gala will be run at the 10 Lane Olympic Pool at Aurora Aquatic &amp; Leisure Centre, 3 Valentine Road, Bangor BT20 4TH. This gala will be a fully licenced Swim Ulster Gala and all participants will be covered by Swim Ulster Insurance.</p> <p><b>It is planned to run this event in 50m Format – however, Swim Ulster reserves the right to run this event in either 25m or 50m format depending on the pool floor configuration at Aurora at the time of the event.</b></p>
<b>Entries to:</b>	<p>Swim Ulster Aurora Aquatic &amp; Leisure Complex 3 Valentine Road Bangor BT20 4TH</p> <p>Entries will be accepted in the following format:</p> <ul style="list-style-type: none"><li>- Electronically on the attached JotForm links (Payment by Debit / Credit Card or PayPal)<ul style="list-style-type: none"><li>Individual Entries – <a href="https://form.jotform.com/swimulster/SUSeniorSchoolsCup2025-Individual">https://form.jotform.com/swimulster/SUSeniorSchoolsCup2025-Individual</a></li><li>Relay Entries – <a href="https://form.jotform.com/swimulster/SUSeniorSchoolsCup2025-Relay">https://form.jotform.com/swimulster/SUSeniorSchoolsCup2025-Relay</a></li></ul></li><li>- Entry Form fully completed and posted along with the full payment to the Swim Ulster Office</li><li>- Entry Form fully completed, scanned and emailed to <a href="mailto:admin@swimulster.com">admin@swimulster.com</a> and a bank transfer completed for the full amount to the Swim Ulster bank account – please put your School Name as the Reference for the payment.</li></ul> <p><b>Entry Times must be included on the Entry Form.</b></p> <p><b>The closing date for entries is 5pm on Wednesday 22<sup>nd</sup> January 2025.</b> Where possible all entries for a school should be submitted together.</p> <p><b>In all cases, entries will not be processed until payment and permission forms have been received.</b> <u>We cannot accept entries for swimmers without consent from their school.</u></p> <p><b>Danske Bank</b> Stg Payments – Sort Code 950132 – Account Number 22780453 Euro Payments – Swift Code / BIC : DABAGB2B - IBAN :GB44 DABA 9501 3230 1327 13</p> <p>All information regarding the Swim Ulster Schools Cup &amp; Championships will be posted on the Swim Ulster Website – <a href="http://www.swimulster.com">www.swimulster.com</a>.</p>
<b>Events:</b>	<p>Ages are calculated based on the swimmers age on 31st August 2025</p> <p>Group 5 - Junior: age 12-14; born 1<sup>st</sup> September 2010 to 31<sup>st</sup> August 2013 Group 6 - Inter: age 15-16; born 1<sup>st</sup> September 2008 to 31<sup>st</sup> August 2010 Group 7 - Senior: age 17-19; born 1<sup>st</sup> September 2005 to 31<sup>st</sup> August 2008</p> <p>100m Backstroke, Breaststroke, Butterfly, Freestyle (Groups 5,6 &amp; 7) 200m Individual Medley (Groups 5,6 &amp; 7)</p>

	<p>400m Freestyle (<b>20 fastest entries with 5 Reserves</b> – swimmers will be notified as soon as all entries are processed.</p> <p>A swimmer can swim a <b>maximum of 2 individual events plus the 400m Free</b> if selected.</p> <p>Relays – 4 x 50m FTR and 4 x 50m MTR (Junior, Inter and Senior) Swimmers may swim up in an older age group but at least one team member must be in the correct age group. A swimmer can swim a maximum of 2 relays – these do not need to be in the same age group.</p>
<b>Entry Fee:</b>	<b>£6 / €7</b> per individual event - <b>£12 / €14</b> per relay event
<b>Awards:</b>	<p>Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup> Place in each Age Group as follows:</p> <p>Group 5, Group 6, Group 7</p> <p><b>Swim Ulster Schools Cup</b> The Swim Ulster Schools Cups will be awarded in the following Groups – Group 5 (Female &amp; Open), Group 6 (Female &amp; Open), Group 7 (Female &amp; Open). Points will be awarded for the top ten heat swims in each individual event from 20pts – 2pts with only the top 2 swimmers per school in age group counting. In the event of a tie, the cup will be awarded to the school with the most 1st Place finishes in the heats.</p>
<b>Officials:</b>	<p><b>To ensure the smooth running of the event each school MUST provide an official for each session to help with timekeeping / turn judge - where a school has more than 10 swimmers that school may be asked to provide more officials.</b></p> <p>Swim Ulster will provide the key officials for each session. Swim Ulster will circulate an Officials Roster during the week before the Championships.</p>
<b>Timing:</b>	Electronic Timing and Hy-tek Meet Manager software will be used.
<b>Withdrawals:</b>	Withdrawals should be made by email by 12 midday on Thursday 6 <sup>th</sup> February 2025 – <b>no refunds will be given for withdrawals.</b>
<b>Facilities:</b>	Parking & Catering are available at the venue. The diving pool will be available for warm up and cool down throughout the event.
<b>Enquiries</b>	<p>All enquiries should be sent by email only to <a href="mailto:admin@swimulster.net">admin@swimulster.net</a> Entry reports and further information will be posted on the Swim Ulster website before the start of the gala – <a href="http://www.swimulster.net">www.swimulster.net</a></p>
<b>Selections:</b>	<p><b>Irish Schools Interprovincial Championships – 23<sup>rd</sup> March 2025</b> From the results of the Swim Ulster Senior Schools Cup &amp; Championships 2025, athletes from Groups 5-7 may be selected to represent the region at the Irish Schools Interprovincial Championships which will be held at the NAC in Dublin on 23<sup>rd</sup> March 2025. In order to be selected for the Irish Schools Interprovincial Championships, swimmers must have entered and competed in the Swim Ulster Senior Schools Cup &amp; Championships 2025 on 7<sup>th</sup> February 2025.</p> <p>Criteria for selection will be published before 7<sup>th</sup> February 2025.</p>
<b>Closing Date:</b>	<b>5pm on Wednesday 22<sup>nd</sup> January 2025.</b>

# Swim Ulster Senior Schools Cup & Championships 2025

## Order of Events

Friday 7<sup>th</sup> February 2025

**\*\*Session times will be confirmed once all entries have been received.**

Session 1 - Friday AM - Group 5 - Junior Warm Up Female TBC – Warm Up Open TBC - Start TBC		
Event No	Event	
1	Junior Female 100m Backstroke	Heats
2	Junior Male & Open 100m Backstroke	Heats
3	Junior Female 100m Breaststroke	Heats
4	Junior Male & Open 100m Breaststroke	Heats
5	Junior Female 100m Butterfly	Heats
6	Junior Male & Open 100m Butterfly	Heats
7	Junior Female 100m Freestyle	Heats
8	Junior Male & Open 100m Freestyle	Heats
9	Junior Female 200IM	HDW
10	Junior Male & Open 200IM	HDW
11	Junior Female 4 x 50 Medley Team Relay	HDW
12	Junior Male & Open 4 x 50 Medley Team Relay	HDW
13	Junior Female 4 x 50 Freestyle Team Relay	HDW
14	Junior Male & Open 4 x 50 Freestyle Team Relay	HDW
Finals	Events 1-8	
	Medal Presentations for all events	

Session 2 - Friday PM - Group 6 & 7 – Intermediate & Senior Warm Up Female TBC – Warm Up Open TBC Start TBC		
Event No	Event	
15	Intermediate Female 4 x 50 Medley Team Relay	HDW
16	Intermediate Male & Open 4 x 50 Medley Team Relay	HDW
17	Intermediate Female 4 x 50 Freestyle Team Relay	HDW
18	Intermediate Male & Open 4 x 50 Freestyle Team Relay	HDW
19	Open Female 400m Freestyle	HDW
20	Open Male & Open 400m Freestyle	HDW
21	Intermediate & Senior Female 100m Backstroke	Heats
22	Intermediate & Senior Male & Open 100m Backstroke	Heats
23	Intermediate & Senior Female 100m Breaststroke	Heats
24	Intermediate & Senior Male & Open 100m Breaststroke	Heats
25	Intermediate & Senior Female 100m Butterfly	Heats
26	Intermediate & Senior Male & Open 100m Butterfly	Heats
27	Intermediate & Senior Female 100m Freestyle	Heats
28	Intermediate & Senior Male & Open 100m Freestyle	Heats
29	Intermediate & Senior Female 200IM	HDW
30	Intermediate & Senior Male & Open 200IM	HDW
31	Senior Female 4 x 50 Medley Team Relay	HDW
32	Senior Male & Open 4 x 50 Medley Team Relay	HDW
33	Senior Female 4 x 50 Freestyle Team Relay	HDW
34	Senior Male & Open 4 x 50 Freestyle Team Relay	HDW
Finals	Events 21-28 – 1 Intermediate Final & 1 Senior Final in each event	
	Medal Presentations for all events	