

Swim Ulster Water Polo Calendar & Irish Cup Tournaments 2024/25 *(May be revised throughout the 2024/25 Season)*

August	September	October	November
<ul style="list-style-type: none"> 30/31 Aug: Level 1 & Level 2 Coaching Course (Practical Module) at Lisnasharragh 	<ul style="list-style-type: none"> 6/7 Sept: Level 1 & Level 2 Coaching Course (Practical Module) at Lisnasharragh Date TBC: Referees Course in Ulster 21 Sept: Smyths Toys Ulster Water Polo Academy (U13's) 21 Sept: National League at Lisnasharragh 27 Sept: U15 SU Girls (Talent ID Session) at Falls Cathal Brugha Blitz 	<ul style="list-style-type: none"> 5 Oct: Smyths Toys Ulster Water Polo Academy (U13's) 5 Oct: National League at Lisnasharragh 12 Oct: National League at Falls 4 Oct: U17 SU Girls (Talent ID) at Falls 11 Oct: U15 SU Boys (Talent ID) at Falls 18 Oct: U17 SU Boys (Talent ID) at Falls 25/26/27 Oct: U13 Irish Cup (Lisnasharragh) 	<ul style="list-style-type: none"> 1 & 15 Nov: SU Girls at Falls 1 Nov – U17 Boys ID Session at Grove 8 & 22 Nov: SU Boys at Falls 9 Nov: National League at Lisnasharragh 23 Nov: Smyths Toys Ulster Water Polo Academy (U13's) 23 Nov: National League at Lisnasharragh 24 Nov: National League at Bangor 30 Nov/1 Dec: U19 Cup (Limerick) Clonard Blitz
December	January	February	March
<ul style="list-style-type: none"> Academy (U13's) 7 Dec: National League at Lisnasharragh 14 Dec: Smyths Toys Ulster Water Polo 14 Dec: National League at Lisnasharragh 15 Dec: National League at Bangor Aurora 6 Dec: Ulster Girls at Falls 13th Dec: U11 Blitz at Cookstown Leisure Centre 	<ul style="list-style-type: none"> 4 Jan: National League at Falls 11 Jan: Swim Ulster Coaching Conference (Water Polo) 5 Jan: National League at Bangor 17/18/19 Jan: Irish Under 17 Cup (Lisnasharragh) 25 Jan: National League at Lisnasharragh 31 Jan/1/2 Feb: Div 1 & KO Cup (Bangor Aurora) 10 Jan: SU Boys at Falls 24 Jan: SU Girls at Falls 	<ul style="list-style-type: none"> 8 Feb: Smyths Toys Ulster Water Polo Academy (U13's) 8 Feb: National League at Lisnasharragh 8/9 Feb: Irish Senior Cup Qualifiers (Women) at NAC 15 Feb: National League at Lisnasharragh 16 & 22 Feb: U15/U17 Inter-Provincial Tournament at NAC 7 & 21 Feb: SU Boys at Falls 14 Feb: SU Girls at Falls Diamonds Blitz 	<ul style="list-style-type: none"> 1 Mar: National League at Falls 8 Mar: Smyths Toys Ulster Water Polo Academy (U13's) 8 Mar: National League at Lisnasharragh 22 Mar: National League at Lisnasharragh 29 Mar: Smyths Toys Ulster Water Polo Academy (U13's) 29 Mar: National League at Lisnasharragh 30 Mar: National League at Bangor Cú Chulainn Blitz
April	May	June	
<ul style="list-style-type: none"> 5 April: National League at Lisnasharragh 12 April: National League at Falls 25/26/27 April: U15 Cup (Galway) 26 April: National League at Lisnasharragh Newry Blitz 	<ul style="list-style-type: none"> 3 May: National League at Lisnasharragh 8/9/10 May: Irish Senior Cup Finals (Limerick) 17 May: Smyths Toys Ulster Water Polo Academy - Graduation Bangor Blitz 	<ul style="list-style-type: none"> Date TBC: U12 Cup (NAC) 21 June: Tommy Kirk Cup at Lisnasharragh Portadown Blitz 	