

Future Challenger Series 2024-2025

Meet Information

There will be 4 Future Challenger Series Meets held throughout the 2024-2025 season for swimmers aged 10 years – 14 years (age as at 31st December). To ensure that Clubs only attend for a short time these events will be divided into regions as follows:

Region 1	Region 2
Alliance, Ards, Armagh, Ballymena, Ballymoney, Bangor, Coleraine, Donegall, Larne, Leander, Limavady, Lisburn, Mid Ulster, Olympia, Portadown, Swim Belfast	Banbridge, Breifne, City of Derry, Cookstown, Dungannon, East Cavan, Enniskillen, Kilkeel, Lecale, Lurgan, Marlin's, Newry, Sliabh Beagh, Strule Dolphins, Swilly Seals, Riversdale Otters

Meet	Date	Venue	Closing Date for Entries / Payment
Future Challenger Meet 3 Region 1 AM & Region 2 PM	2 nd February 2025	Lisnasharragh LC, Belfast	17.1.25
Future Challenger Meet 4 Region 2 AM & Region 1 PM	22 nd March 2025	Lagan Valley Leisureplex, Lisburn	5.3.25

Age

Groups: ***Minimum entry age is 10 yrs – see age up date below***

Female	10yrs, 11yrs, 12yrs, 13/14yrs
Open	10yrs, 11yrs, 12yrs, 13/14yrs

Age Up

Date: Future Challenger Series Meets 3 & 4 – 31st December 2025

Events:

50m, 100m all four strokes
 200m Backstroke, Freestyle (refer to the order of events below)
 400m Freestyle (refer to the order of events below)
 100m, 200m Individual Medley

Mixed 4 x 25m Medley and Freestyle Team Relays 10-12yrs – must be at least 1 open and 1 female on the team.

Clubs can use swimmers who have no individual events providing their names are on the team lists submitted with the entries.

Clubs may collaborate to enter relays.

Entries: No consideration standards will be published for athletes to enter however we do provide the following guidance to support entry decisions:

1. Athletes should be able to complete the race distance with the given stroke/s and have proven this in at least one meet prior to entry;
2. Athletes should be capable of executing the stroke/s legally;
3. Athletes should be capable of executing legal turns and good streamlining;
4. 12-year-old athletes entering the 400m Freestyle should be capable of even pacing a 200m Freestyle within the 12-year-old consideration standard published for the Regional Age Group & Senior LC Championships;
5. Athletes should only enter events on the recommendation from their coach

A Medley Pentathlon Award will be presented to every swimmer who completes all four strokes and the Individual Medley in their age group as below:

Age	Backstroke	Breaststroke	Butterfly	Freestyle	IM
10 years	50m	50m	50m	50m	100m
11 years	100m	100m	50m	100m	200m
12 years	100m	100m	100m	200m	200m

Athletes may only compete in their own Region.

Unless otherwise stated in the meet conditions athletes can enter as many individual events as deemed appropriate by their coach. Athletes may swim up or down distances as outlined in the Order of Events if their coach believes this is the appropriate distance for them, and **athletes are limited to 1 distance per stroke per meet**. Clubs can enter multiple relay teams.

The Future Challenger Series is open to all competitive members aged 10 to 12 years however athletes aged 13/14 years may enter if they have not previously competed at the Aspiring Champions level or above and cannot compete at the Aspiring Champions Series in the same cycle i.e., the short course or long course season.

Athletes with a disability must be registered as members of a Swim Ireland affiliated club at the time of entry.

Tech Suit

Policy: Tech Suits will not be permitted at the Future Challenger Series Meets irrespective of age. We ask clubs to ensure coaches, parents and athletes are fully aware of the policy so that we avoid any negative experiences on poolside. Full details of the policy can be found on the [Swim Ireland website](#).

Price: £6 / €7 per individual event
£6 / €7 per relay event

Payment should be forwarded to the Swim Ulster Office by the closing date

Awards: Time banded medals will be awarded for all age groups using the US Swimming Motivational Times (SC) as per the table below:

Female 10yrs				Open 10yrs		
Bronze	Silver	Gold		Gold	Silver	Bronze
42.99	38.89	34.69	50 M Free	34.19	38.09	41.99
1:38.99	1:28.39	01:17.89	100 M Free	01:16.99	1:26.99	1:36.99
51.99	46.29	40.59	50 M Back	40.99	46.79	52.69
1:52.69	1:40.19	01:27.69	100 M Back	01:27.49	1:39.09	1:50.69
58.89	52.49	46.19	50 M Breast	45.29	51.39	57.59
52.39	46.19	39.99	50 M Fly	39.09	44.79	50.49
1:53.39	1:41.29	01:29.19	100 M IM	01:27.89	1:38.79	1:49.79
4:01.49	3:36.19	03:10.8	200 M IM	03:08.9	3:33.49	3:58.09

Female 11yrs				Open 11yrs		
Bronze	Silver	Gold		Gold	Silver	Bronze
1:24.39	1:18.39	01:12.29	100 M Free	01:11.99	1:17.99	1:23.99
3:03.19	2:50.09	02:36.99	200 M Free	02:36.19	2:49.29	3:02.29
1:37.19	1:29.49	01:21.89	100 M Back	01:21.99	1:29.69	1:37.39
3:24.29	3:09.69	02:55.09	200 M Back	02:55.29	3:09.89	3:24.49
1:49.49	1:41.39	01:33.29	100 M Breast	01:32.59	1:40.99	1:49.29
42.09	39.09	36.09	50 M Fly	36.89	40.39	43.99
3:26.19	3:11.49	02:56.79	200 M IM	02:59.09	3:14.89	3:30.69

Female 12yrs				Open 12yrs		
Bronze	Silver	Gold		Gold	Silver	Bronze
1:21.29	1:15.49	01:09.69	100 M Free	01:07.29	1:12.89	1:18.49
2:58.09	2:45.39	02:32.69	200 M Free	02:27.49	2:39.79	2:52.09
6:15.49	5:48.69	05:21.89	400 M Free	05:12.99	5:39.09	6:05.19
1:34.19	1:26.69	01:19.29	100 M Back	01:16.59	1:23.69	1:30.89
3:15.19	3:01.29	02:47.29	200 M Back	02:43.49	2:57.19	3:10.79
1:44.29	1:36.59	01:28.89	100 M Breast	01:26.59	1:34.39	1:42.29
1:33.99	1:26.49	01:18.99	100 M Fly	01:16.89	1:24.49	1:32.09
3:19.69	3:05.39	02:51.19	200 M IM	02:46.69	3:01.49	3:16.19

Female 13-14yrs				Open 13-14yrs		
Bronze	Silver	Gold		Gold	Silver	Bronze
36.09	33.49	30.89	50 M Free	28.39	30.79	33.19
1:18.29	1:12.69	01:07.09	100 M Free	01:02.19	1:07.29	1:12.49
2:49.29	2:37.19	02:25.09	200 M Free	02:15.39	2:26.69	2:37.99
5:58.29	5:32.69	05:07.09	400 M Free	04:49.99	5:14.19	5:38.29
1:25.29	1:19.19	01:13.09	100 M Back	01:08.19	1:13.89	1:19.59
3:04.89	2:51.69	02:38.49	200 M Back	02:28.79	2:41.19	2:53.59
1:37.99	1:30.99	01:23.99	100 M Breast	01:17.09	1:23.49	1:29.89
1:24.99	1:18.89	01:12.89	100 M Fly	01:07.69	1:13.29	1:18.89
3:09.49	2:55.89	02:42.39	200 M IM	02:31.59	2:44.19	2:56.79

Programme of Events

****Session times may be changed depending on the number of entries**

Future Challenger Series Meet 3 – Lisnasharragh	Future Challenger Series Meet 4 - Lisburn
**AM Session – Warm Up TBC – Start TBC **PM Session – Warm Up TBC – Start TBC	**AM Session – Warm Up TBC – Start TBC **PM Session – Warm Up TBC – Start TBC
Open 10-14yrs 100m IM or Open 11-14yrs 200m IM	Female 10-14yrs 100m IM or Female 11-14years 200m IM
Female 10-14yrs 100m IM or Female 11-14years 200m IM	Open 10-14yrs 100m IM or Open 11-14yrs 200m IM
Open 10-14yrs 50m Backstroke or Open 11-14yrs 100m Backstroke or Open 12yrs 200m Backstroke	Female 10-14yrs 50m Freestyle or Female 11-14yrs 100m Freestyle or Female 12yrs 200m Freestyle
Female 10-14yrs 50m Backstroke or Female 11-14yrs 100m Backstroke or Female 12yrs 200m Backstroke	Open 10-14yrs 50m Freestyle or Open 10-14yrs 100m Freestyle or Open 12yrs 200m Freestyle
Open 10-14yrs 50m Butterfly or Open 12-14yrs 100m Butterfly	Female 10-14yrs 50m Breaststroke or Female 11-14yrs 100m Breaststroke
Female 10-14yrs 50m Butterfly or Female 12-14yrs 100m Butterfly	Open 10-14yrs 50m Breaststroke or Open 11-14yrs 100m Breaststroke
Mixed 4 x 25m FTR	Mixed 4 x 25m MTR
Athletes are limited to 1 distance per stroke per meet	